



TECHNOLOGICAL RESOURCES

Fool proof your *Home*

Strategies for the older person

Fool proofing your home with simple modifications.

Assistive Technology is any product, program or system that maintains or improves your capabilities. Using assistive products helps you tackle everyday activities.

Guest speaker John Bradshaw, Liveup.

When **Friday 11th October 2024**
 10am - 11:00am

Where Ballan Senior Citizens Club
 78 Steiglitz St Ballan

Cost Workshop: free
 Morning tea: free

**REGISTER
 YOUR
 INTEREST**

Key facts:

- How to navigate your healthy ageing Journey
- Tools to help you understand assistive technology
- Activities of daily living equipment

For more information and to register, contact Louise Mayall, RN1 (Advisor in Healthy Ageing)

E Louise.Mayall@mecwacare.org.au

P 03 5366 7934 M 0429 054 503

Allied Health Receptionist: P 5366 7907



Freecall **1800 163 292**



mecwacare.org.au