### Caring is at our heart

#### mecwacare

We are a caring, not-for-profit organisation that's been helping older Victorians for over 65 years. We provide experienced, quality support in residential aged care, respite stays, home care, community services, retirement living, affordable housing and disability services.

#### Home Care

- P 0385734980
- E intake@mecwacare.org.au
- Personalised support to help you remain independent and safely living at home.
- Trusted, reliable help with housework, maintenance, gardening, shopping, personal care, nursing and allied health.

### Retirement Living

- P 1800 573 950
- E retirementliving@mecwacare.org.au
- Secure, independent living in a vibrant and welcoming community.
- Contemporary, low maintenance homes, shared spaces, social activities and support when needed.

#### Residential Aged Care

- P 03 8573 4812
- E admissions@mecwacare.org.au
- Round-the-clock care from a dedicated and highly trained team.
- Tailored support that promotes independence, dignity and quality of life.
- Comfortable and homely facilities, chef prepared meals with engaging lifestyle programs.

#### Affordable Housing

- P 0385734963
- E housing@mecwacare.org.au
- Housing designed to provide comfort, safety and independence for people with a low income who are over 65, or living with a disability.

#### Disability Services

- P 03 8573 4980
- E community@mecwacare.org.au
- Life and social skills-based programs to empower individuals living with a disability achieve their life goals.
- Dedicated team of highly trained professionals focused on compassionate care.

#### Community Services

- P 0385734888
- E community@mecwacare.org.au
- Wide range of services, including social activities, support groups, exercise classes, arts, crafts, outings and carer assistance for wellbeing and community connection.



Ballan, Malvern, Malvern East, Windsor

 Pre-loved items at budget-friendly prices, from clothing and kitchenware to books and toys, every purchase helps fund vital community programs in aged care and disability services.

Freecall 1800 163 292 · mecwacare.org.au









## mecwacare Ballan

Residential Aged Care

# A warm, welcoming country aged care home in a central location

Known for its friendly community, mecwacare Ballan offers comfortable, attentive, person-centered aged care.

Located on the banks of the picturesque Werribee River, the combination of pleasant indoor and outdoor areas adds to the home's overall charm.

mecwacare Ballan features a spacious communal day room with lounge and dining areas for residents to enjoy social dining or a quiet meal. Designed to allow for personal space and privacy while offering common areas for residents to meet and entertain, residents have the choice to configure their rooms to their liking. These rooms are bathed in natural light with views of landscaped gardens or a courtyard.

A supported living environment assists residents to stay active, while the lifestyle program is extensive and entertaining. Residents enjoy dancing, music, sewing, cooking, and gardening.

Exercise programs, community excursions, birthday, and holiday celebrations and much more are shared by team members and residents at mecwacare Ballan. With a strong focus on wellbeing, resident input is highly valued in building activities program.

With a variety of care services on offer, mecwacare Ballan can accommodate you or your loved one and provide warm and sympathetic care, ensuring a stress-free environment for residents and loved ones alike.

Registered nurses are always onsite, and a range of allied health services from the neighbouring Ballan Health and Care Services ensures residents have easy access to high quality care.

Respite care is available for short or longer term stays, while an ageing-in-place approach ensures residents won't need to move to other facilities if their care needs increase.

Compassionate and respectful palliative care services allow families to focus on their loved ones, while staff take care of their personal needs, comfort, and dignity.

With services and amenities right on your doorstep, residents will want for little at mecwacare Ballan. If you are looking for permanent residential aged care, temporary respite services, dementia care\* or palliative care in the area, then mecwacare Ballan could be just right for you.

## MECWACARE BALLAN AGED CARE

38

#### **FEATURES**

- · Central, accessible location
- Vibrant lifestyle program
- · Respite care
- Pool and gym facilities nearby
- Landscaped gardens

"Staff are so caring and

big family."

kind, everyone knows each

other, and it feels like one

 Onsite access to GP and other health services









#### mecwacare aged care homes feature:



Welcoming communities



Registered nurses, day and night



State-of-the-art, high quality fixtures



Premium design and construction



Landscaped gardens



Safe and comfortable environments

Experienced, caring,

and qualified staff



Engaging, enjoyable lifestyle and activity programs



Modern contemporary spaces

mecwacare resident

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\*Each of our aged care homes offer varying degrees of dementia support. Please speak to our admissions team regarding whether this facility will be suited to your or your loved one's needs.