

# 5 WAYS TO PROTECT YOURSELF THIS WINTER



**1**

GET YOUR ANNUAL FLU SHOT & COVID BOOSTER SHOT

COUGH AND SNEEZE INTO YOUR ELBOW

**2**

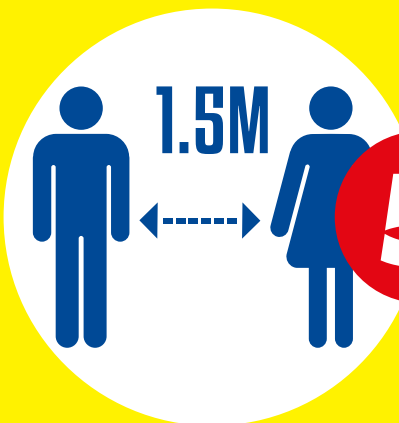


**3**

WASH YOUR HANDS REGULARLY

STAY HOME IF YOU ARE SICK

**4**



**5**

PHYSICAL DISTANCE BY KEEPING A SAFE DISTANCE

**BOOK YOUR FLU SHOT SERVICE AT**  
[WWW.CHEMISTWAREHOUSE.COM.AU/FLU](http://WWW.CHEMISTWAREHOUSE.COM.AU/FLU)



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